

Hygiene Rewards Program

While wearing braces, it is of utmost importance to have good oral hygiene. With the Hygiene Rewards Program, you receive one-on-one instruction and clear advice on how to improve your oral health while in active orthodontic treatment. As well, we will assess your oral hygiene and provide a score at every appointment. Our scoring system is based on a simple five-level oral hygiene rating system that lets you know how you are doing at each visit:

- 1** **POOR**
Alert! Permanent damage is inevitable. You will probably see plaque, chalky white spots on your teeth, and/or swollen, bleeding gums. Review the correct way to brush and floss. Serious improvement is needed.
- 2** **NEEDS IMPROVEMENT**
If this continues, your treatment may take longer. Permanent damage is inevitable. You might see plaque, chalky white spots on your teeth and/or swollen gums. Be sure to brush three times a day, floss at least once daily and use mouth rinse.
- 3** **FAIR**
You are getting there. You might see some redness or swollen gums. Make sure to brush three times daily, floss once daily and use mouth rinse.
- 4** **GOOD**
You are doing well. You might see some redness or swelling of your gums around a few teeth. Keep working at it, there is still room for improvement.
- 5** **EXCELLENT**
Awesome! You have clean teeth and healthy gums. Keep doing what you're doing.

RULES:

1. You receive ONE point if you score a 4 and TWO points if you score a 5. We keep track of these points on a points card.
2. Receive 2 bonus points by having your dentist's office sign one of our vouchers when you go in for your regular checkup/cleaning.
3. These reward points can be redeemed for a variety of prizes. (Redeemable every 5 points.)
4. Make sure you bring your points card to every regular appointment. If you forget your card, you cannot obtain any points for that appointment.
5. We reward points at regular visits but not at emergency visits.

